

MOMENTUM - SESSION ONE CHAT STREAM

12:16:10 From Priscilla Carrion : San Diego
12:16:13 From Tara Graviss (Mind Body Arts & The Art of Tantra) : San Diego
12:16:14 From Ali Dressel : Los Angeles, but currently in Albuquerque, NM
12:16:20 From Kojiro Yuan : San Francisco
12:16:20 From Amy Caillouette - Boys & Girls Clubs of Oceanside : Oceanside, CA
12:16:21 From Katherine Oh : Escondido
12:16:22 From Patricia Frischer : Cardiff by the Sea in North County San Diego
12:16:22 From sarah jenness : Brooklyn, NY!
12:16:23 From Carol Chin : pasadena
12:16:26 From Stephanie Alacon : Oceanside
12:16:27 From Jessica Powers : San Diego
12:16:28 From Valin Brown : San Diego
12:16:34 From Jan Carpenter Tucker : San Diego... graphic/website design; book/music publishing
12:16:37 From Dari DeSousa : also San Diego
12:16:39 From Michele Lowenstein : San Diego
12:16:41 From Eugene Wong : Melbourne, Australia!
12:16:49 From kristi stone : San Diego
12:16:51 From Lynnette Tessitore: She, Hers : Chula Vista- Arts Administrator
12:16:52 From Inna Yang : Orange County!
12:16:53 From Sharon Corrigan : Carlsbad
12:16:59 From Nicollette Barsamian : Queens, NY
12:17:00 From Phil Johnson : From San Diego
12:17:03 From Nicollette Barsamian : NYC
12:17:03 From Issie Wing-Allen & Houston Magazine : Carlsbad, CA
12:17:03 From Miguel Gongora Jr. : San Diego, Go Padres!
12:17:09 From Matt Carney : Sacramento
12:17:20 From Jennifer Korsen : muralist from los angeles! [instagram.com/humansmakeart](https://www.instagram.com/humansmakeart)
12:17:22 From Cirina Catania : San Diego, CA
12:18:15 From Patricia Frischer : Please remember to list your virtual visual arts events on www.sdvisualarts.net
12:18:38 From Vanguard Culture @Abigail : The first speaker is David Malmuth he is a Developer/ Partner at I.D.E.A. Partners, LLC; Former VP/GM at Disney Development-West. You can stay connected with his work at:
<https://www.ideadistrictsd.com/>
<https://www.davidmalmuth.com/>
<https://www.linkedin.com/in/davidmalmuth/>
<https://www.facebook.com/david.malmuth>
<https://www.instagram.com/davidmalmuth/>
12:18:52 From beckyguttin : San Diego
12:19:27 From Jessica Powers : LOVE this!
12:20:03 From jonathon glus : Great to see so many today!
12:21:49 From Jessica Powers : Awww The Lion King! <3
12:22:07 From Miguel Gongora Jr. : Lovin the visuals of the architecture. Lovin the anecdotal references.
12:22:11 From Phil Johnson : This is absolutely amazing-
12:24:08 From Jessica Powers : "A Revitalized Hope" - sooo inspiring
12:25:11 From Vanguard Culture @Abigail : Thank you everyone for your support!
12:25:22 From Jessica Powers : Buildings are not about events, they're about people!
12:25:30 From jonathon glus : "buildings are not about bricks and mortar, but people" - David Malmuth

12:26:52 From Phil Johnson : Love that-

12:27:39 From Miguel Gongora Jr. : very rich, leaves you wanting to keep hearing more...

12:27:41 From sarah jenness : Thank you for that! What a journey!

12:28:26 From Jessica Powers : "I have a deep respect for the transformation of spaces and what that can do!" - Susanna Peredo Swap — Creating the stage!

12:28:52 From Patricia Frischer : David, how does your plan work in with the 2050 Transport plan for getting people to this location?

12:28:52 From Jessica Powers : Setting the stage to tell a Story = together

12:29:19 From beckyguttin : that collaboration of yours is fantastic !

12:29:37 From Jessica Powers : I absolutely have a connection in regards to Arts Residency on the East Coast with a project and would LOVE to talk with someone about this! <3

12:30:30 From Jessica Powers : Seriously! hahaha

12:31:15 From Vanguard Culture @Abigail : The next speaker is Tara Graviss she is an Expressive Arts Therapist.
You can stay connected with her work at:
<https://www.artsforlearningsd.org/>
<https://www.youngaudiences.org/>
<https://www.linkedin.com/in/taragraviss/>
<https://www.facebook.com/taragraviss>
<https://twitter.com/taragraviss?lang=en>

12:31:47 From Jessica Powers : SUCH a needed space!

12:32:37 From Jessica Powers : <3 Wowwwwww

12:32:42 From Lynnette Tessitore: She, Hers : whoo hoo Tara!!!

12:32:42 From Cathy Pfister : David Malmuth - how do you address criticism of the effects of redevelopment/revitalization (or what some might call gentrification) on the existing communities in these neglected areas, where many get pushed/priced out of their neighborhoods?

12:34:37 From Jessica Powers : Yes, very true

12:34:53 From Kojiro Yuan : This is great.

12:35:15 From Vanguard Culture @Abigail : If anyone has any questions for the speakers, feel free to put them in the chat and we will try to get them answered.

12:36:45 From Phil Johnson : Mr. Malmuth- does your group have any ideas about connections or help for the homeless in SD? phil@theroustabouts.org

12:37:24 From Niko Podimatis : @philjohnson Check out the work of Voices of Our City Choir!

12:37:46 From jonathon glus : "we are simply tired of being ashamed" - Tara

12:38:38 From David Malmuth : It is a huge challenge Cathy. For Sports Arena, we are working with Bridge Housing to do a minimum of 10% on site affordable. We'd like to do more but need the City to participate. We are also looking for a model that can reduce rents by 20-30% without public money. Hope we can work together with other stakeholders to develop this model.

12:39:18 From David Malmuth : Phil — Contact me at David@davidmalmuthdevelopment.com to discuss further

12:40:04 From David Malmuth : Phil — Contact me at David@davidmalmuthdevelopment.com to discuss further.

12:40:22 From Bonnie - San Diego : great transmission Tara!

12:40:35 From Jessica Powers : So healing and soothing and grounding <3

12:41:40 From Jessica Powers : <3 Yes this is a crisis

12:41:49 From Jessica Powers : We are grateful for your work Tara

12:42:00 From Jennifer Korsen : that was incredible.

12:42:07 From Vanguard Culture @Abigail : Up next is David Bennett he is a Managing Director for the San Diego Opera.
You can stay connected with his work at:

<https://www.sdopera.org/>

12:42:37 From Miguel Gongora Jr. : We love Tara! Her voice is exquisitely grounded.

12:44:09 From Jessica Powers : ^ I agree

12:44:23 From Heather Meglasson : So beautiful Tara! Thank you for reminding me that it's okay to slow down and take that time and space to "Feel." xoxo

12:45:08 From Vanguard Culture @Abigail : The love for our speakers' work is truly inspiring and beautiful.

12:50:29 From Sharon Corrigan : lovely

12:52:52 From Jessica Powers : This was so enlightening to learn the benefits of opera <3

12:53:09 From Vanguard Culture @Abigail : Next, we have a performance from Jamie Shadowlight who is an electric violinist.

You can stay connected with her work at:

<https://www.instagram.com/jamieshadowlight/>

12:59:08 From Vanguard Culture @Abigail : Such a beautiful and spiritual performance.

12:59:27 From Ali Dressel : Beautiful <3

12:59:41 From Vanguard Culture @Abigail : The next speaker is scott b. davis, he is the Founder of the Medium Festival of Photography.

You can stay connected with his work at:

<https://www.mediumphoto.org/>

<https://www.scottbdavis.com/>

<https://www.linkedin.com/in/scott-b-davis-555b2a3>

https://www.instagram.com/scott_b_davis/?hl=en

<https://www.facebook.com/scottbdavis>

13:00:18 From Bonnie - San Diego : wow! that was amazing. I'd love to hear more!

13:01:19 From Vanguard Culture @Abigail : You can check out more of Jamie Shadowlight's work on her instagram. <https://www.instagram.com/jamieshadowlight/>

13:02:04 From Jessica Powers : Wow!

13:02:43 From Cathy Pfister : Really beautiful, Jamie! A feeling of calmness washed over me while listening to/watching your work.

13:03:05 From Jessica Powers : Ah, Tin Types - how cool!

13:04:08 From beckyguttin : This is great !

13:04:08 From Jessica Powers : Wow! I LOVE this

13:05:58 From Sharon Corrigan : powerful

13:06:50 From Jessica Powers : "What helps shape your work, with your background? ... [the degree you have etc...]"

13:07:54 From beckyguttin : fantastic projects scott !

13:08:05 From sarah jenness : so moving

13:08:05 From Bonnie - San Diego : thank you for sharing these powerful images and their voices

13:09:07 From Jessica Powers : This has been so inspiring! - taking so many notes and can't wait to follow up with everyone!

13:09:27 From Dari DeSousa : Agreed!

13:09:42 From Vanguard Culture @Abigail : Up next is Herbert Siguenza he is a Playwright in Residence @ San Diego Repertory Theatre; founding member of Latino Theatre Troupe CULTURE CLASH.

You can stay connected with his work at:

<https://sdrep.org/>

<https://www.facebook.com/herbert.siguenza>

<https://twitter.com/hosiguenza?lang=en>

<https://www.instagram.com/hsiguenza/?hl=en>

13:15:16 From beckyguttin : Totalmente de acuerdo, el era maravilloso, cantinflas !

13:17:26 From sarah jenness : incredible

13:18:04 From Amy Fan : love nortec collective

13:18:19 From Keith M : That was AWESOME!
13:18:23 From Bonnie - San Diego : yaaaaasssssss! soooo goooooood
13:18:28 From Vanguard Culture @Abigail : Such an amazing life he has lived!
13:18:39 From sarah jenness : Three cheers!
13:18:41 From Mimi Sells : We loved the Picasso play! you blew our minds with the art...
13:18:42 From jonathon glus : wow!
13:18:56 From beckyguttin : bravissimo !!!
13:18:56 From Patricia Frischer : thank you so much for filling us in. Some of us of only seen one phase of your life. You seem more of a complete person now .
13:20:33 From Vanguard Culture @Abigail : Next is a performance by the classical electronic musician M A L U and Contemporary Dancer Pita Zapot. You can stay connected with their work at:
https://www.instagram.com/malu_live/
<https://www.instagram.com/pitazapot/>
13:21:24 From Miguel Gongora Jr. : So It was awesome to see a survey on his life and art. Great job, Herb!
13:21:37 From Jessica Powers : This has been SO well executed! <3
13:21:44 From Jessica Powers : Great job Vanguard Team!
13:22:04 From Sharon Corrigan : love her music. met her at an event for josue castro's dance book at idea 1. following her moves on fb! amazing.
13:22:31 From Michele Lowenstein : This has really been an exceptional experience and to think it has been via Zoom! Great job all around. Very impressive.
13:22:32 From Jessica Powers : Oh sweet! That's so cool
13:22:33 From Vanguard Culture @Abigail : Thank you so much for the support! We are glad you love the event.
13:22:41 From Ali Dressel : El Henry was one of my absolute favorite plays of all time. Completely inspired and revolutionized my creative direction in life <3
13:22:54 From Jessica Powers : I can't wait for September's event too!
13:23:19 From Keith M : "El Henry was one of my absolute favorite plays of all time. Completely inspired and revolutionized my creative direction in life <3"
13:23:20 From Sharon Corrigan : Pia!
13:23:24 From Keith M : THIS!!!
13:24:38 From Jessica Powers : Diggin this style for sure!
13:27:37 From Vanguard Culture @Abigail : Such a powerful and interpretative performance.
13:27:50 From Vanguard Culture @Abigail : The next speaker is Bradley Tsalyuk he is an Exhibit Developer at The Natural History Museum. You can stay connected with his work at:
<https://www.sdnhm.org/>
<https://www.linkedin.com/in/btsalyuk/>
<https://www.instagram.com/btsalyuk/?hl=en>
13:28:34 From Michele Lowenstein : This has been really uplifting.
13:32:37 From Miguel Gongora Jr. : This is very interesting
13:33:04 From Jessica Powers : "Place Attachment" is fascinating - as well as free-choice / self motivated learning
13:35:54 From Jessica Powers : wow such a fascinating talk!
13:36:08 From beckyguttin : very interesting !
13:36:23 From Herbert Siguenza : Love that museum!
13:36:56 From Jessica Powers : I love that nuance of inclusion
13:37:37 From Vanguard Culture @Abigail : Check out the lectures on: <https://www.sdnhm.org/>
13:37:38 From Jessica Powers : "Nat Talks"
13:38:09 From Jessica Powers : Really made me think about my own attachment styles in relation to where I live etc..

13:38:33 From Vanguard Culture @Abigail : Up next is Chef Flor Franco she is an Award-winning Chef; Franco Group & Berry Good Food Foundation.

You can stay connected with her work at:

<https://flor.florfranco.com/>

<https://berrygoodfood.org/>

<https://www.instagram.com/chefflorfranco/>

<https://www.facebook.com/chef.flor.franco>

<https://twitter.com/chefflorfranco>

13:38:50 From Claudia Basurto : Are we going to have a copy of the recording and the chats?

13:38:55 From Sharon Corrigan : yay flor!

13:39:10 From Jessica Powers : We're also able to download the chat file too

13:41:29 From Vanguard Culture @Abigail : Yes, you will have a copy of the recording and chat. We can also put ways to stay connected with our speakers on our website and various platforms.

13:45:08 From Miguel Gongora Jr. : Such an important topic! Gracias Flor.

13:45:33 From Jessica Powers : It has SUCH an impact on our emotional and mental wellness as well

13:47:30 From jonathon glus : yes!

13:47:47 From Keith M : Thank you Chef Flor!

13:47:55 From Jessica Powers : I love Food Art and the intuitive kinetic process around it

13:51:19 From Vanguard Culture @Abigail : The final performer is Gill Sotu who inspires through poetry.

You can stay connected with his work at:

<https://www.gillsotu.com/>

<https://www.instagram.com/gillsotu/>

<https://www.facebook.com/gillsotu>

<https://twitter.com/gillsotu>

13:51:28 From iPad (3) : Highly recommend Specialty Produce. We get our box weekly. Great products and great prices.

13:53:40 From Heather Meglasson : **Dancing!**

13:53:41 From Jessica Powers : "I'm gonna live til I've got no more summers left"

13:54:04 From scott b davis : fantastic!!

13:54:26 From Vanguard Culture @Abigail : So beautiful and inspirational!

13:54:36 From David Malmuth : Gill — you are a gift!

13:55:04 From scott b davis : wasn't that an amazing gift?!

13:55:38 From Herbert Siguenza : Can we do this everyday?

13:58:02 From Patricia Frischer : Gill, thank you for your smile and talent. My favorite performer!

13:58:02 From Shayla James, she/her/hers : thank you so much Gill!

13:58:03 From Heather Meglasson : "create and live live live..."

13:58:05 From Bonnie - San Diego : beautiful! powerful!

13:58:07 From Jessica Powers : Snaps! <3

13:58:11 From Heather Meglasson : TY TY TY

13:58:21 From scott b davis : on the floor, thank you gill!

13:59:15 From Gill Sotu : Thank you everyone!

14:00:02 From scott b davis : the border! thank you jonathon.

14:00:05 From Vanguard Culture @Daniela : Gill our hearts are with you!

14:00:14 From Sharon Corrigan : thanks for the two hour gift on a Monday morning!

14:00:15 From Vanguard Culture @Abigail : What an amazing way to end this event. For anyone wanting to join us for our second day of Momentum, it will be on September 7th. We would love to have all of you positive and supportive viewers again.

14:01:27 From Jessica Powers : So appreciated this!

14:01:55 From Jan Carpenter Tucker : Amazing! Wonderful! Thank you, everyone!

14:02:08 From jonathon glus : Thank you, everyone!
14:02:12 From Vanguard Culture @Daniela : THANK YOU ALL!
14:02:19 From Ali Dressel : Thank you!!!
14:02:25 From Bradley Tsalyuk : Thank you everyone!
14:02:25 From Inna Yang : Thank you to every single speaker/performer!!
14:02:26 From Kojiro Yuan : Thank you!
14:02:27 From Jessica Powers : <3 My soul needed this today
14:02:28 From Issie Wing-Allen & Houston Magazine : Thank you for this beautiful event!
14:02:32 From Benito Altamira : is it possible to see the recording later?
14:02:33 From jonathon glus : Bravo Vanguard team!
14:02:35 From Jessica Powers : So empowered & encouraged to keep doing that work
14:02:40 From Patricia Frischer : Summary of this and other virtual community events
can be found on www.sdvisualarts.net
14:02:44 From Terrie Eichholz : Thank You! Looking forward to the next session!
14:02:55 From Benito Altamira : thanks!!!!
14:02:57 From Patricia Frischer : Thank you, Vanguard Culture.
14:02:57 From Lynnette Tessitore: She, Hers : great job!!
14:03:14 From Vanguard Culture @Abigail : It is possible to get a recording later. It will be
offered to everyone.
14:03:34 From Vanguard Culture @Abigail : Thank you everyone!
14:03:50 From Jessica Powers : ^ Would love to connect more with everyone :) — You
can find me on FB / LI @ Jessica M. Powers